

Fortitude
Physio & Movement, PLLC
WESTMINSTER, CO

Referred by Another Patient?
Tell us who!

Patient Name: _____ Date of Birth: _____

Address: _____ Last 4 of SSN: ***** - _____

City: _____ State: _____ Zip: _____ Age: _____ Sex: **M** **F**

Best Contact #: _____ Have you received physical therapy

Email Address: _____ elsewhere this year?

Yes No

REFERRING PHYSICIAN INFORMATION

Referring Professional: _____ Phone #: _____

Hospital/Clinic Name: _____ Fax #: _____

****A current payment method on file is required for the duration of your treatment at Fortitude****

****I consent to treatment at Fortitude Physio & Movement,, PLLC.****

*I AUTHORIZE THE RELEASE OF ANY PRIVATE HEALTH INFORMATION NECESSARY TO PROCESS CLAIMS AT
Fortitude Physio & Movement, PLLC*

I AGREE, WHETHER SIGNING AS AGENT OR AS PATIENT, TO BE PERSONALLY OBLIGATED TO PAY ANY BALANCE. SHOULD THE ACCOUNT BE REFERRED TO AN ATTORNEY FOR COLLECTION, I SHALL PAY REASONABLE ATTORNEY'S FEES. I HEREBY ASSIGN PAYMENT DIRECTLY TO Fortitude Physio & Movement, PLLC; BASIC BENEFITS AND/OR MAJOR MEDICAL (CATASTROPHE) BENEFITS HEREIN SPECIFIED AND OTHERWISE PAYABLE TO ME BUT NOT TO EXCEED THE REGULAR CHARGES FOR THIS PERIOD OF TREATMENT. I UNDERSTAND I AM FINANCIALLY RESPONSIBLE FOR ANY CHARGES NOT COVERED BY MY INSURANCE.

Patient/Guardian Signature

Date

PATIENT MEDICAL HISTORY FORM

Name _____ What are we seeing you for? _____

Do you have now or have you ever had any of the following medical conditions? Please circle yes or no.

Heart problems / Pacemaker	YES NO	History of falls	YES NO
Lung problems	YES NO	Arthritis	YES NO
Diabetes	YES NO	Osteoporosis / Osteopenia	YES NO
Cancer	YES NO	Difficulty breathing	YES NO
High blood pressure	YES NO	Difficulty swallowing	YES NO
Asthma	YES NO	Dizziness	YES NO
Blood disorders	YES NO	History of drop attacks/fainting	YES NO
Hepatitis	YES NO	Seizures	YES NO
HIV	YES NO	Unexplained recent weight loss	YES NO
Tuberculosis	YES NO	Circulation problems	YES NO

Do you currently have or have you had any of the following symptoms related to your injury?

Arm/Leg Swelling	YES NO	Joint/Muscle Swelling	YES NO	Problems sleeping	YES NO
Constipation/ Diarrhea	YES NO	Nausea/Vomiting	YES NO	Problems urinating	YES NO
Fever/Chills/ Sweats	YES NO	Numbness/Tingling	YES NO	Unusual fatigue	YES NO

Please list your current level of pain using a scale of 0 - 10 (0 = no pain, 10 = unbearable pain)

At best ____ / 10 Current ____ / 10 At worst ____ / 10

Please list / describe any surgical procedures and/ or significant injuries for which you have been treated. Please include approximate dates.

List all medications you are currently taking (prescriptions, over the counter, pills, injections, patches, vitamins, and herbs):

List all allergies (medications, food intolerances, latex, etc.): _____

Please list any other types of healthcare providers you are currently receiving care from (including physician, chiropractor, massage therapist, acupuncturist, etc.):

Fortitude Physio & Movement, PLLC POLICIES

CANCELATION POLICY:

- **We have a cancellation fee of \$150.**
- You MUST cancel outside of 24-hour prior to your appointment.
- Cancellations are NOT accepted on the weekends; cancellations are NOT accepted “day of”.

NO-SHOW POLICY:

- Not showing up for your appointment is a penalty of \$150.00.
- Appointment reminders go out 24-hours in advance of your appointment IF requested via text or e-mail.
- Your appointments are your responsibility.

LATE TO APPOINTMENT:

- If you are late to your appointment, we will use what time we have to complete your visit.

PRIVATE PAY (NO INSURANCE):

- I understand that my health insurance **will not** be billed by Fortitude Physio & Movement, PLLC.
- Self-pay services here at Fortitude Physio & Movement are all-inclusive

FINANCIAL:

- Payment is due at time of service for your treatment at Fortitude Physio & Movement, PLLC.

Patient/Guardian Signature

Date

FUNCTIONAL POINT DRY NEEDLING (FDN) CONSENT

Functional Dry Needling involves placing a small needle into the muscle at the trigger point in order to cause the muscle to contract and then release, improving the flexibility of the muscle and therefore decreasing the symptoms.

FDN is a valuable treatment for musculoskeletal pain. Like any treatment, there are possible complications. While these complications are rare in occurrence, they are real and must be considered prior to giving consent to treatment.

Possible Risks of the Procedure:

Though unlikely there are risks associated with this treatment. The most serious risk associated with FDN is accidental puncture of a lung (pneumothorax). If this were to occur, it may likely only require a chest x-ray and no further treatment. The symptoms of shortness of breath may last for several days to weeks. A more severe lung puncture can require hospitalization and re-inflation of the lung. This is a rare complication and in skilled hands should not be a concern.

Other risks may include bruising, infection and nerve injury. Please notify your provider if you have any conditions that can be transferred by blood. Bruising is a common occurrence and should not be a concern unless you are taking a blood thinner. As the needles are very small and does not have a cutting edge, the likelihood of any significant tissue trauma from FDN is unlikely.

Please consult with your practitioner if you have any questions regarding the treatment above.

Do you have any known diseases or infections that can or may be transmitted through bodily fluids?

YES

NO

If you marked yes, please discuss with your practitioner.

Patient/Guardian Signature _____ **Date:** _____

FORTITUDE PHYSIO & MOVEMENT CONSENT & PRIVACY NOTICE

CONSENT: I consent to physical therapy services at Fortitude Physio & Movement, PLLC. I know if I have any questions about my care, I should be sure to ask the physical therapist about them. I know it is up to me to inform the physical therapist about any health problems or allergies I have. I must also tell the physical therapist about drugs or medications I am taking.

NO GUARANTEES: I understand that the practice of physical therapy is not an exact science and that no guarantees or promises have been made to me as a result of treatments or examinations by the physical therapist. I understand that no contract, warranty, guarantee, or promise concerning the results of the physical therapy services is made. This consent to treatment form is not a contract, nor is it an offer to contract, nor is it an acceptance of an offer to contract.

NOTICE OF PRIVACY PRACTICE: I have read the Fortitude Physio & Movement, PLLC *Statement of Privacy Notice* (below) within this packet and I understand that a copy of the notice will be provided to me upon my request.

Fortitude Physio & Movement, PLLC Statement of Privacy Notice

•We may disclose your protected health care information (PHI) to other healthcare professionals within our practice for the purpose of treatment, payment or healthcare operations. •We may disclose your health information to your insurance provider for the purpose of payment or health care operations. •We may disclose your health information as necessary to comply with State Workers' Compensation Laws. •We may disclose your health information to notify or assist in notifying a family member, or another person responsible for your care about your medical condition or in the event of an emergency or of your death. •As required by law, we may disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability, reporting child abuse or neglect, reporting domestic violence, reporting to the Food and Drug Administration problems with products and reactions to medications, and reporting disease or infection exposure. •We may disclose your health information in the course of any administrative or judicial proceeding. •We may disclose your health information to law enforcement officials for purposes such as identifying or locating a suspect, fugitive, material witness or missing person, complying with a court order or subpoena, and other law enforcement purposes. •We may disclose your health information to coroners or medical examiners. •We may disclose your health information to organizations involved in procuring, banking, or transplanting organs and tissues. •We may disclose your health information to researchers conducting research that has been approved by an Institutional Review Board. •It may be necessary to disclose your health information to appropriate persons in order to prevent or lessen a serious and imminent threat to the health or safety of a particular person or to the general public. •We may disclose your health information for military, national security, prisoner and government benefits purposes. •We may leave a message on an automated answering device or person answering the phone for the purposes of scheduling appointments. No personal health information will be disclosed during this recording or message other than the date and time of your scheduled appointment along with a request to call our office if you need to cancel or reschedule your appointment." •We may contact you by phone, mail, or email. "It is our practice to participate in charitable and marketing events to raise awareness, food donations, gifts, money, etc. During these times, we may send you a letter, post card, invitation or call your home to invite you to participate in the charitable activity. •In the event that we are sold or merged with another organization, your health information/record will become the property of the new owner.

•You have the right to request restrictions on certain uses and disclosures of your health information. Please be advised, however, that we are not required to agree to the restriction that you requested. •You have the right to have your health information received or communicated through an alternative method or sent to an alternative location other than the usual method of communication or delivery, upon your request. •You have the right to inspect and copy your health information. •You have a right to request that we amend your protected health information. Please be advised, however, that we are not required to agree to amend your protected health information. If your request to amend your health information has been denied, you will be provided with an explanation of our denial reason(s) and information about how you can disagree with the denial. •You have a right to receive an accounting of disclosures of your protected health information made by us. •You have a right to a paper copy of this Notice of Privacy Practices at any time upon request.

•We reserve the right to amend this Notice of Privacy Practices at any time in the future, and will make the new provisions effective for all information that it maintains. Until such amendment is made, we are required by law to comply with this Notice. •We are required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information. If you have questions about any part of this notice, or if you want more information about your privacy rights, please contact us by calling this office at (303) 912-4959.

If our Privacy Officer is not available, you may make an appointment for a personal conference in person or by telephone within 2 working days.

•Complaints about your Privacy rights, or how we have handled your health information should be directed to our Privacy Officer by calling this office at (303) 912-4959. If our Privacy Officer is not available, you may make an appointment for a personal conference in person or by telephone within 2 working days. If you are not satisfied with the manner in which this office handles your complaint, you may submit a formal complaint to:

**DHHS, Office of Civil Rights
200 Independence Avenue, S.W.
Room 509F HHH Building
Washington, DC 20201**

I have read the Privacy Notice and understand my rights contained in the notice. By way of my signature, I provide Fortitude Physio & Movement, PLLC with my authorization and consent to use and disclosed my protected health care information for the purposes of treatment, payment and health care operations as described in the Privacy Notice. Please contact Breana Koffler, Owner of Fortitude Physio & Movement, PLLC, at 303-912-4959 if you have any questions regarding our policies with your Protected Health Information. I certify that any and all information provided by me is true. I have read the information on this form. It has been fully explained to me, if needed, and all of my questions have been answered.

Patient/Guardian Signature _____

Date _____

Fortitude Physio & Movement, PLLC

Westminster, CO

SELF-PAY VERIFICATION

PATIENT NAME:

YOUR VISITS INCLUDE:

- ✓ 75-Min Initial Evaluation/ 60 min follow up visits
- ✓ Trigger-point dry needling (*if applicable*)
- ✓ Manual therapy; Movement reeducation; Taping (Equipment)
- ✓ Exercises for office and home program

I've provided the following:

____ License/Photo ID ____ Payment Method ____ PT Script

APPOINTMENT RATES

Initial Consultation Rate: **\$175.00**

Follow-Up Visit Rate: **\$150.00**

By signing this form, I am electing of my own accord, to pay for my own treatment and services here at Fortitude Physio & Movement, PLLC.

Patient/Guardian Signature _____

Date _____